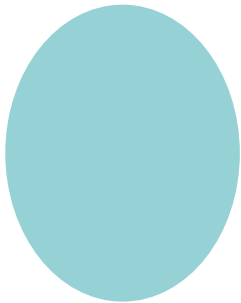
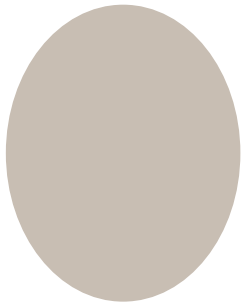
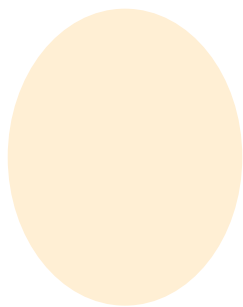


Seniors Month Presentation to Georgina June 28, 2017



CHATS
Community & Home
Assistance to Seniors

Seniors in York Region/South Simcoe

- Seniors population is growing faster than any other age group
- 1 in 5 people will be 65+ by 2031
- Most seniors in York Region are homeowners and living in single-detached homes
- York Region and South Simcoe are home to a large and growing number of immigrants and visible minorities (by 2022 ½ of people in CLHIN will be visible minorities)
 - increasing need for culturally and linguistically appropriate community care services

People are living longer That's good news!

Average age:

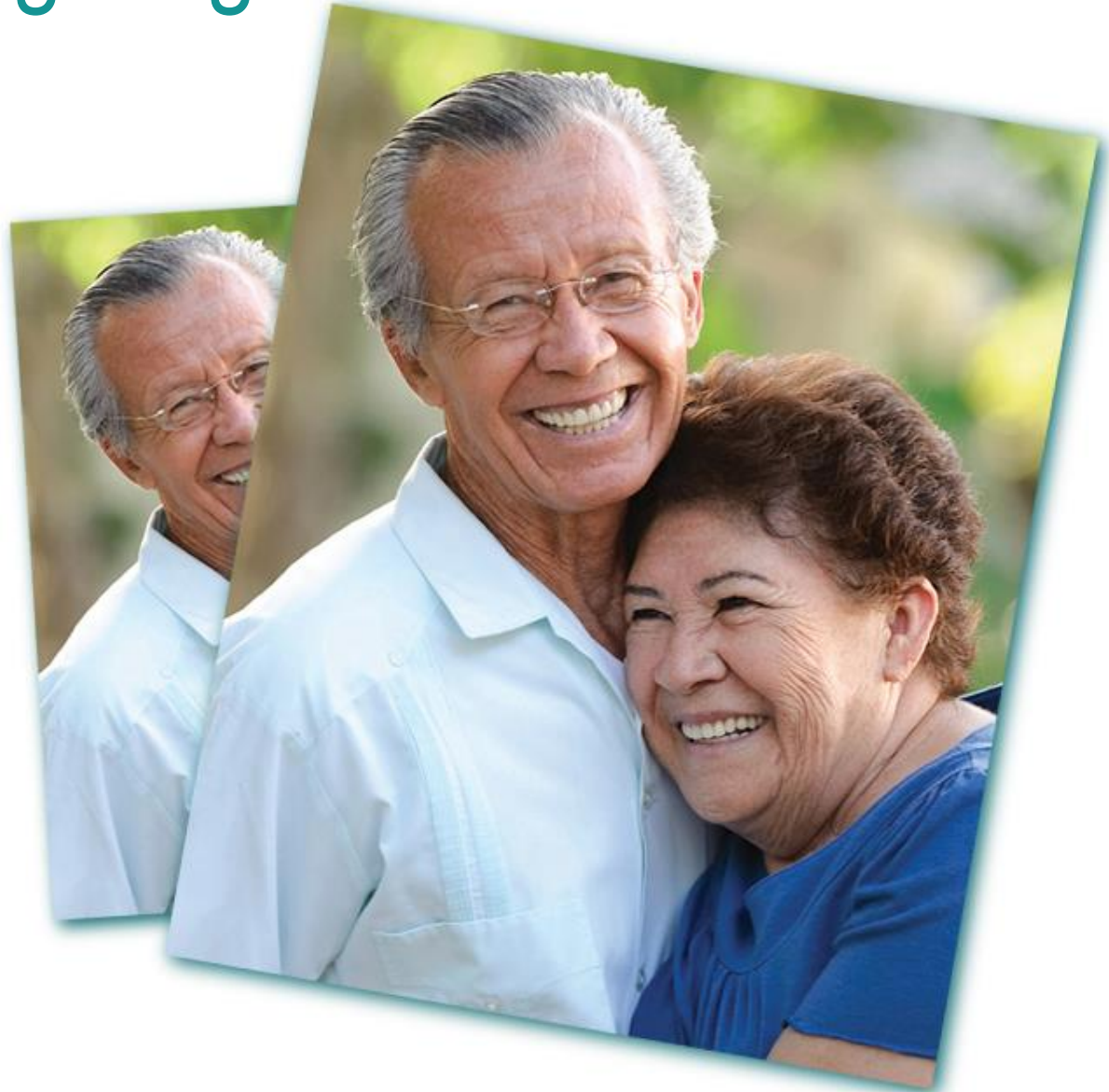
Canada – 81.1

Ontario – 81.5

York Region – 84.1

The life expectancy of
men increasing faster
than women:

- 2010: 48% more women than men over 75
- 2036: 21% more women than men over 75



Sober Senior Thoughts



The top 10% of older Ontarians account for 60% of health spending

Yes, people are living longer, but with more chronic conditions.

- One-third of Canadians between 65-74 are disabled
- Two-thirds over 65 take 5 or more prescriptions



Most older adults prefer to age at home

- Many choose this option to maintain health, independence and dignity
- More cost effective than LTC
- The right care at the right time must be provided, not 'undercare'
- Age, health, wealth and the presence of an informal caregiver can affect 'stay at home' decisions



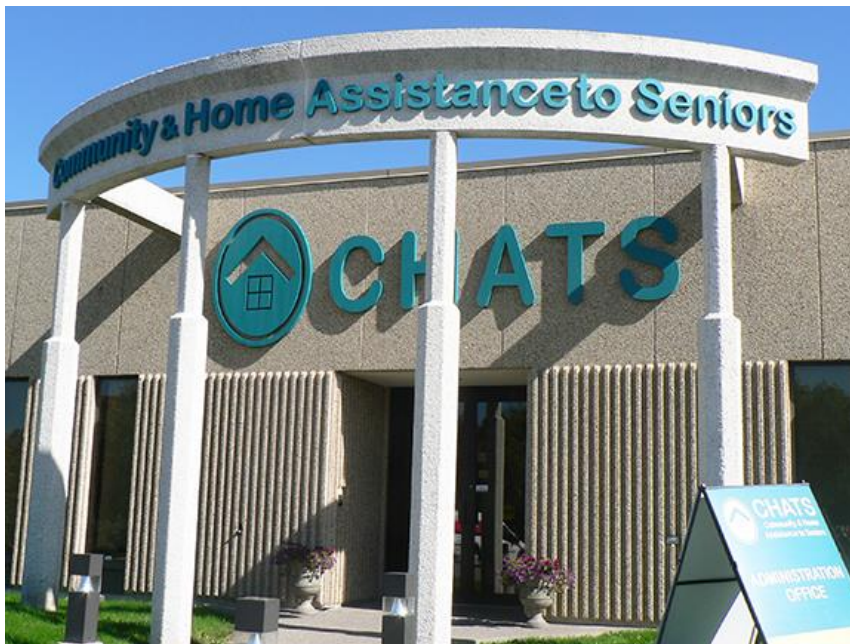
CHATS' Mission

CHATS is an innovative and valued partner in the healthcare system, delivering high quality home and community services and experiences for older adults.



What is CHATS?

- Personal care and support, programs and services to enable independent living and family caregiver support
- Tailored care plans that meet clients' unique needs
 - “basket of services”
 - “wrap-around care”



- Moderate fees: many geared to income.
- Exceptional subsidies are available
- Programs and services are available in 26 languages



How CHATS Helps



Community Programs

Adult Day Programs



Social/Congregate Dining



Diversity
Wellness &
Outreach
Programs



In Home Services

Homemaking
Personal Care
Respite

Meals on Wheels



Assisted Living

Phillips Lifeline



Telephone
Assurance (TA)

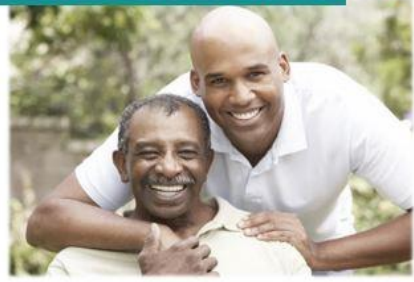
Home Safety Services

Home Adaptation &
Maintenance Program
(HAMP)



Support for Caregivers

Caregiver
Education



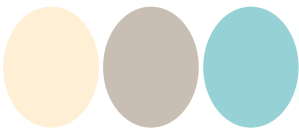
Caregiver Respite

Transportation

Community Transportation



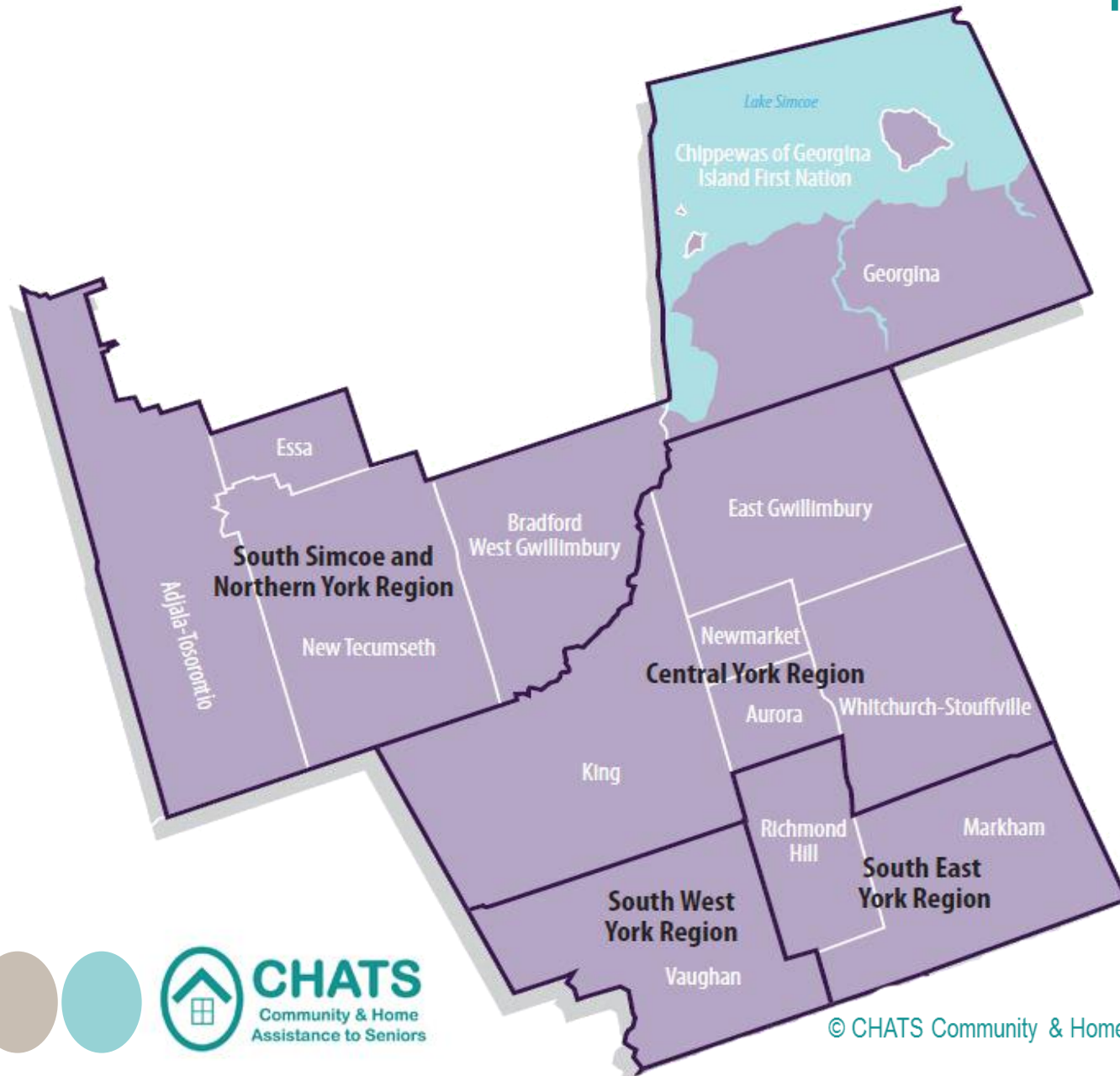
Home at Last (HAL)



Who CHATS Serves

- **8100** clients in York Region and South Simcoe
- **71%** of CHATS' clients are female and **29%** are male
- Average age range **75 – 84** years
- **10%** of CHATS' clients identify their first language as one other than English
- More than **40%** of CHATS' clients live alone, with **29%** living with a spouse, **22%** living with family and **8%** living with a friend.

CHATS Provides Service in 11 Municipalities



CHATS
Community & Home
Assistance to Seniors

CHATS in Georgina

By the Numbers

Unique Clients: 636	
Program	Units of Service
Adult Day Program	233 Attendances
Assisted Living (Keswick Gardens)	20,029 Attendance Days
Caregiver Support	165 Services
Home at Last	1,248 Visits
Home Adaptation & Maintenance	676 Arrangements
Home Help	3,056 Hours
Social & Congregate Dining	3,662 Attendances
Meals on Wheels	6,939 Meals
Personal Care	272 Hours
Respite	4,030 Hours
Telephone Reassurance	1,246 Visits
Transportation	8,127 Drives

Thank You Georgina

- 25 residents of Georgina volunteer with CHATS.



CHATS

Community & Home
Assistance to Seniors

For more information,

905-713-6596

1-877-452-4287

www.chats.on.ca



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