

TRANSFORM A LIFE

AT SOUTHLAKE REGIONAL HEALTH CENTRE



SOUTHLAKE
REGIONAL HEALTH CENTRE
FOUNDATION

Southlake Regional Health Centre

Cherishing a tradition of quality care

- Originally founded in 1922 as York County Hospital, Southlake started with 6 rooms and 2 nurses, serving a community of 4,000
- During the 1990's York Region saw explosive population growth and Southlake Regional Health Centre was formed
- More than 3000 people are now employed here, as well as 575 physicians and 1,171 volunteers



Original doors of York County Hospital are currently displayed in the main building of Southlake.

Southlake Regional Health Centre

Cherishing a tradition of quality care

- Today, Southlake is home to 7 Regional Programs serving more than 1 million people, including:
 - Cardiac Care Program
 - Cancer Program
 - Neonatal Program
 - Paediatric Oncology Program
 - Child & Adolescent Mental Health Program
 - Eating Disorders Program
- Southlake's Thoracic Care team performs more surgeries than all other hospitals in central LHIN combined
- Southlake is also home to the Eye Institute, the Research Institute, a Family Medicine Teaching Unit . . . and more!



STRONACH REGIONAL CANCER PROGRAM

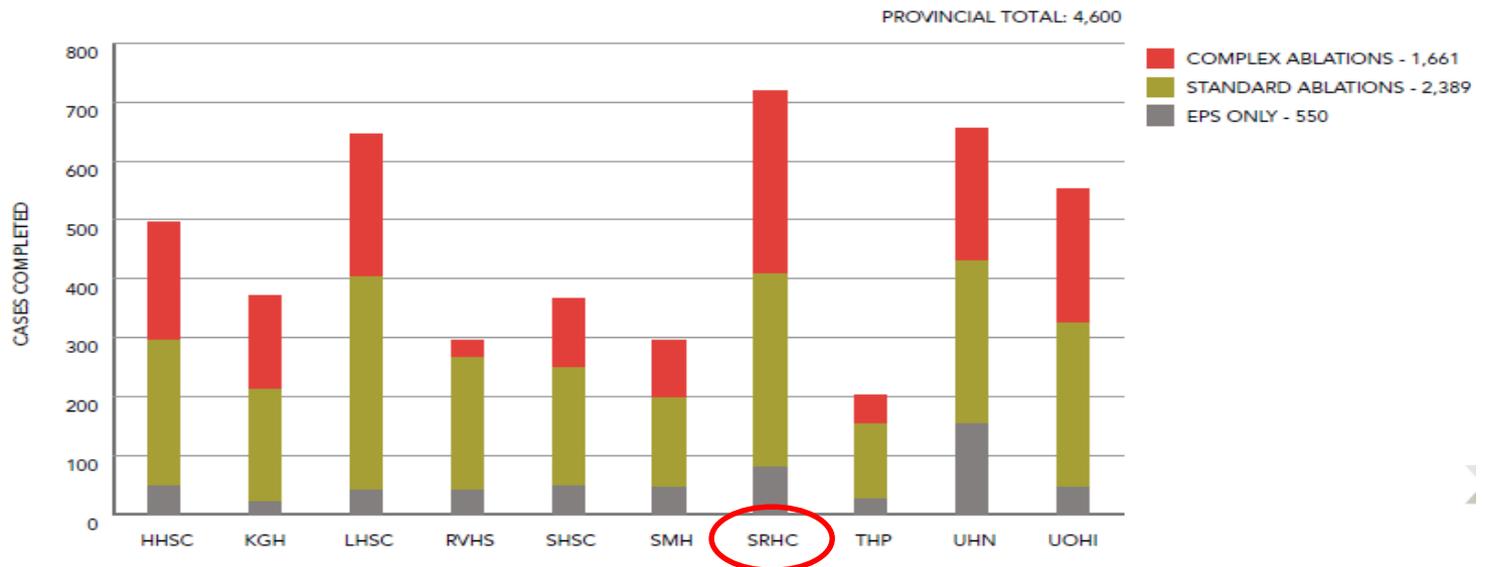


- In the five years since the Stronach Regional Cancer Centre opened, Southlake has been able to see over **56,000 patients** close to home, saving them **130,000** trips downtown
- The Stronach Regional Cancer centre currently houses:
 - 23 Chemotherapy Treatment Chairs
 - 26 Assessment Rooms
 - 12 Counselling Rooms
 - Capacity for 6 Radiation Bunkers (4 currently in operation).

REGIONAL CARDIAC PROGRAM

- Southlake's Regional Cardiac Care Program is currently the 3rd largest cardiac program in Ontario and #1 in Canada for treating complex heart rhythm conditions.
- Last year alone there were over 77,000 cardiac diagnostic exams, over 6,300 cardiac cathertizations, over 2,200 angioplasty procedures and over 1,000 cardiac surgeries performed.
- This life-saving program currently supports more than 1.5 million residents throughout York Region, Simcoe County, Muskoka and Dufferin County.

ELECTROPHYSIOLOGY STUDIES (EPS) AND ABLATIONS



REGIONAL CARDIAC PROGRAM



- In September, 2015, Southlake opened our new Electrophysiology Labs and welcomed our first patient in the new space on November 19, 2015



- Equipped with the latest technology used to treat the electrical inner workings of the heart, the suites will be used to treat patients suffering from conditions such as arrhythmias and atrial fibrillation

MATERNAL CHILD PROGRAM

- Southlake's Maternal Child Program cares for paediatric patients ranging from 0-18 years of age
- Last year, over 2600 babies were born at Southlake and over 3500 paediatric patient visits occurred
- Southlake also houses specialized paediatric programs:
 - **Neonatal Intensive Care Unit** – Over 500 babies a year are cared for at Southlake's NICU. Designated at a level 2B, Southlake's NICU cares for babies born on or after 32 weeks of gestation
 - **Paediatric Oncology Program** - 134 Paediatric Oncology patients were treated at Southlake last year.
 - **Child and Adolescent Mental Health Program** – This program provides specialized paediatric services. Southlake also houses the regional Eating Disorders Program.



SURGICAL PROGRAM



- Southlake houses a variety of surgical programs – from orthopaedic, to thoracic, to vascular and beyond.
- Southlake is the 5th largest Regional Thoracic Cancer Surgery Program in Ontario.
- Last year, Southlake’s Surgical Program completed over 25,000 Ambulatory Surgery Program Procedures
- A team of 27 Anesthesiologists support this program

MENTAL HEALTH



- The Mental Health Program provides a range of services for children, adolescents and adults with serious mental health issues which include:
 - Adult Crisis Program
 - Assertive Community Treatment Team Brief Therapy Clinic
 - Community Treatment Order In-patient Mental Health Unit
 - Psychogeriatric Assertive Community Treatment Plan)
 - Recovery and Wellness Day Program
 - Schizophrenia Program
- Over 3,800 patients each year come to Southlake's Emergency Department in some kind of mental health crisis

EMERGENCY DEPARTMENT



- Last year, Southlake's Emergency Department saw over 110,000 patient visits (only 5 other hospitals in Ontario have volumes over 100K)
- Southlake is consistently ranked a top-performer in provincial wait-times for Emergency Rooms. Most recent wait-time was an average of 1.3 hours from arrival to see physician.
- On average, Southlake sees over 66,500 patients with complex illness/ injury.

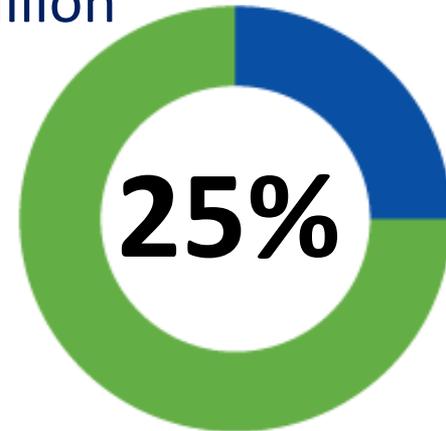
2016/17 PRIORITIES

RESIDENTIAL HOSPICE AT SOUTHLAKE

York Region currently has only one residential hospice; a three-bed facility in Richmond Hill that offers inpatient services.

With community support, Southlake will construct a 10-bed residential hospice to serve York Region and surrounding areas, ensuring our community has the means to support those living out their final days in peace, dignity and comfort.

To date, the *love lives here* campaign has raised \$3 million against the \$12 million campaign goal.



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NUMBER OF HOSPICE BEDS CURRENTLY AVAILABLE TO PALLIATIVE PATIENTS IN YORK REGION

250

APPROXIMATE NUMBER OF PATIENTS AND FAMILIES WE EXPECT TO USE THE HOSPICE FACILITIES EACH YEAR

ANESTHESIA MACHINES

(Operating Room Equipment)



- Southlake currently will replace 24 anesthesia machines for use throughout our hospital over the next 3 years.
- Our current anesthesia machines are reaching the end of their life-cycle and urgently need to be replaced.
- In addition, our surgical department needs new and replacement equipment across the program, from scopes, lights, saws, drills, and more.

BED REPLACEMENTS



- Southlake will replace over 350 beds over the next three years.
- Beds are the most overlooked piece of equipment across the hospital and ours are aging. From a trauma patient in the ER, to an elderly and immobile patient on a long-term care floor, beds are a building block of care that ensure safety, comfort and wellbeing.
- New beds offer not only increased comfort for our patients, but several new upgrades including improved infection control and better patient lift options.

WE DEPEND ON DONORS LIKE YOU

- Southlake depends on community donations to fund all the capital and program expansions that keep us on the cutting-edge of care.
- Hospitals do not receive funding for new or replacement equipment .We depend on our donors to fund these vital upgrades across the hospital.
- We believe that everyone should have access to the care they need, when they need it, close to home, and your support allows us to provide that.



RUN OR WALK FOR SOUTHLAKE TEAM CHALLENGE



TEAM CHALLENGE

CALLING ALL TEAM CAPTAINS!

Leading a team of runners/walkers has never been easier! We've put together a handy Team Captain Tool Kit at runforsouthlake.ca to help you make your team's experience fun, successful and rewarding.

7 Team Challenge Categories:

BANKS | FRIENDS & FAMILY | MAYORS & MUNICIPALITIES
COMMUNITY GROUPS & SPORTS TEAMS | SCHOOLS
CORPORATE & BUSINESS | HOSPITAL FAMILY

"We're running for: SOLIDARITY." Team Pete was a force to be reckoned with at the 2015 Run or Walk for Southlake, presented by Nature's Emporium. At 100+ members strong, they raised more than \$18,000 in support of Southlake. Team Captain, Amanda, rallied the group together in support of their friend Pete, who was undergoing cancer treatment at the Stronach Regional Cancer Centre. It was Pete's determination to fight the disease that inspired Amanda to form the team. Having access to world class health care, close to home makes all the difference to people like Amanda and Pete.

Follow Amanda's lead and register your team today! Special support is available to team captains - step up to the plate today!

2015 Spotlight:

TEAM PETE



WHY PARTICIPATE IN THE RUN OR WALK FOR SOUTHLAKE AS A TEAM?



SHOW SUPPORT FOR A LOVED ONE,
CO-WORKER OR SOUTHLAKE HEALTHCARE WORKER

ENGAGE EMPLOYEES FOR TEAM-BUILDING



HELP KEEP EVERYONE MOTIVATED

TEACH YOUTH ABOUT THE IMPORTANCE OF
PHILANTHROPY AND COMMUNITY SUPPORT



REGISTER | PLEDGE
runforsouthlake.ca

Run or Walk for
SOUTHLAKE
presented by Nature's
EMPORIUM



THANK YOU

